

# #SafeDriver Everywhere, Every Day



I check my vehicle before each trip.  
\_\_\_\_\_



I fasten my seatbelt and make sure  
all passengers do the same.  
\_\_\_\_\_



I constantly adapt my speed to road  
configuration and traffic conditions without  
ever exceeding the speed limit.  
\_\_\_\_\_



I keep a safe distance from the vehicle in front  
of me and put my foot in front of the brake  
when approaching a danger.  
\_\_\_\_\_



I respect other road users and pay special  
attention to pedestrians and two-wheelers.  
\_\_\_\_\_



I respect the defined driving and resting times  
and take a break at the first sign of fatigue.  
\_\_\_\_\_

+ info on  
the back

I do not use  
my phone  
while driving



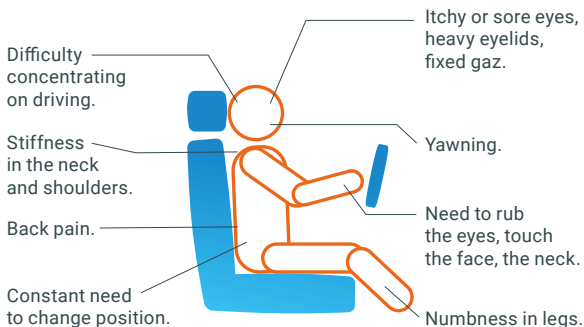
I do not drive  
under the influence  
of alcohol or drugs



**TotalEnergies**



# Knowing how to identify signs of fatigue



**Take regular breaks:** take a walk, open the windows/doors, use break times to make sure you eat properly.

**Do not struggle to stay awake:** you're fighting a losing battle. At first signs of fatigue, take a break. It's the only way to get rid of drowsiness.

